



# Eric Ballou

[ericdballou@gmail.com](mailto:ericdballou@gmail.com)  
c (208) 954-9644  
o (208) 853-4687

12993 N Andys Gulch Rd  
Boise, ID 83714

Lake Harbor Dental  
5355 W State St  
Boise, ID 83703

## Vision

### **EB: Efficiency and Balance**

These letters, which are also my initials, symbolize the vision of how I choose to progress in my life. I strive to be efficient with materials, technology, and especially my time. Along with that efficiency, I want to balance the things I feel are important in my practice, my profession, and my personal life. A poem that I love by Dr. Benjamin E. Mays says it well:

“I have only just a minute, Only sixty seconds in it. Forced upon me, can't refuse it. Didn't seek it, didn't choose it. But it's up to me to use it. I must suffer if I lose it. Give an account if I abuse it. Just a tiny little minute, But eternity is in it.”

I believe in balancing the time that we have with different aspects of our life. Practice, and family. Work and fun. My training and lectures focus on these aspects of efficiency and balance. I strive to help other dentists get the most out of their materials, technology, and time. I find that doctors, like most people, want to maximize every minute of their day, and they are anxious to learn how to do that. Helping others brings me satisfaction, and I love talking to people about how to improve their lives through improving their work.

## Experience

### **Lake Harbor Dental Boise ID 2008 - Present**

I started working at Lake Harbor Dental with Dr Michael Peterson right out of dental school. I met him in my second year of dental school as I went around to various practices in Boise where I hoped to live and practice. I met many doctors, but I felt like Mike would be the best fit. He was an early adopter and CEREC trainer. He also placed implants which interested me greatly. I am very grateful for his mentorship and for allowing me to not only use the best technology available, but also help me thrive with it. We purchased Sirona's Galileos CBCT in 2009 and have likely performed more CEREC/Galileos guided surgeries than any other office in our state or region. I was introduced to [cerectoctors.com](http://cerectoctors.com) in 2008 and likely was the youngest Mentor to join that group in 2012. I started to CEREC train other drs officially for Patterson in 2010.

### **Milan Dental Boise ID – 2009-2013**

Milan was primarily a dental assistant school operated by a corporation in California. The dental clinic was run by 3-5 doctors and was a place where the assistants, with supervision, could come and see and help with clinical dentistry. We served mainly Medicaid patients and those with lower incomes on a sliding scale including many refugees. I quickly learned how to perform efficient extractions, create dentures and partials, make large fillings, crowns with traditional means of impressions and labs, and I

was able to try out many different kinds of dental materials. The autonomy was given to the clinicians as each worked as independent contractors. Eventually Milan sold all of the patient's records and equipment to me and I formed a group called Healthy Smiles LLC. I managed 4 doctors for several months before I decided that I preferred clinical teaching and time with patients more than practice management. I sold the business to a friend named Dr Scott Grant and helped transition and move the practice. It was time to focus on purchasing Lake Harbor as well as committing time to teach and train other doctors.

**Education** University of Utah Salt Lake City, UT BA Medical Biology 2004  
Virginia Commonwealth School of Dentistry Richmond, VA DDS 2008

**Professional Affiliations** [ceredoctors.com](http://ceredoctors.com) Scottsdale, AZ Member 2009 - present  
Mentor 2012 - present  
Visiting Faculty 2017- present

3D Dentists with Tarun "Tbone" Agarwall Raleigh, NC  
Visiting Faculty 2017 - present

Southwest Idaho Dental Society 2008 - present  
Treasurer 2010-2013

Academy of General Dentistry 2008 - present  
CE Chairperson 2011-2012  
President Idaho Chapter 2011- 2013 and 2015 - 2017

Master Series Implant continuum Dr Arun Garg Implant Seminars 2016  
Advanced Sinus Lifts and Ridge Splits Santo Domingo, Dominican Republic Feb 2017

American Dental Association 2008 - present

**Lectures and training** Presented on Galileos CBCT / Bluecam integration Lake Harbor Boise, ID Nov 2009  
CEREC Training Dr John Staley Boise, ID Mar 2010  
Demo Galileos and CEREC at Lake Harbor 10 plus drs Boise, ID May 2010  
CEREC Training Dr Dan Malan Boise, ID Mar 2012  
Developed and taught SNP Sirona Nobel Patterson Study Club 8 sessions  
15 dentists including 2 live surgeries by me at Lake Harbor Boise, ID 2012 - 2013  
CEREC Training Dr Aaron Blaser Caldwell, ID 2012  
CEREC Training Dr Don Cook Boise, ID Sept 2013

CEREC Training Dr Scott Grant Meridian, ID Feb 2014  
CEREC Training Dr Randy Moss and Dr Chad Hess Boise, ID Jan 2015  
CEREC Training Dr Dan Bodily Boise, ID Feb 2015  
CEREC Training Dr John McLaughlin Gooding, ID Mar2015  
CEREC Training Dr Deron Lind Meridian, ID Sept 2015  
CEREC Training Dr Stephen White Soldotna, AK Oct 2015  
CEREC Explorer Event Shore Lodge McCall, ID 5 drs taught. Patterson Sponsor Oct 2015  
CEREC Training Dr Dan Hayden Baker City, OR Jan 2016  
CEREC Training Dr David Cantwell Boise, ID Feb 2016  
CEREC Training Dr Colleen Jarvis Meridian, ID Mar 2016  
CEREC Training Dr Tyler Robb New Plymouth, ID May 2016  
Presented "CEREC Guide Options" at Patterson Branch Boise ID May 2016  
CEREC Training Drs Darren and Andrea Wallace Emmett, ID Jun 2016  
CEREC Training Dr Eli Mayes La Grande, OR July 2016  
CEREC Training Dr Ryan Doyle Boise, ID Jun 2016  
Live Patient interactive workshop at Lake Harbor 10 drs "Vita Enamic" Sept 2016  
Live Patient interactive workshop at Lake Harbor 10 drs "Vita Enamic" Nov 2016  
CEREC Training Dr Erin Elliott and Dr Ken Lynn Post Falls, ID Dec 2016  
Presented "10 CEREC Mishaps and how to Overcome Them" Spokane, WA Dec 2016  
CEREC Training Dr Jayson Bird Kellogg, ID Jan 2017  
Galileos training Dr Stephen White "Guided Surgery" Soldotna, AK Jan 2107  
Presented at Treasure Valley Implant Study Club "Guided Implant Surgery Using the Best of the Worst" Burkhart Branch Meridian, ID Mar 2017  
Presented at Cerecdoctors Mentor Group "Celtra DU or DUover" Scottsdale, AZ Apr 2017  
CEREC Training Dr Shane Porter Eagle, ID Sept 2017  
EBdentalmentor training Dr Erin Elliott "CEREC Guide 2 Start to Surgery" Post Falls, ID Oct 2017  
Presented "PRP/PRF" Salvan Dental at Patterson Branch Boise, ID Oct 2017  
EBdentalmentor training Dr Ryan Speirs "Anteriors and Characterization" McCall, ID Jan 2018  
EBdentalmentor training Dr Jennifer Cornell and Dr Rose Keeling "Anteriors and Restoring Implants" Clarksville, TN Feb 2018  
Inlays, Onlays, and Bonding at Boise Patterson Branch. Sponsor Kerr March 2018  
Finding Your Why - Fulfillment through technology 3D CBCT event Dentsply Sirona Denver, CO April 2018  
CEREC training Dr. Matt Calkins Glendive, MT April 2018

Not specifically noted are many Mentoring Levels 2, 3, 4, Accept, Galileos Summits events from 2009 - 2017 where I directly assisted [cerecdoctors.com](http://cerecdoctors.com) faculty in one on one and group settings to train and educate drs from around the country attending at Spear/Scottsdale Center for Dentistry and Seattle locations. These were sponsored and paid by Patterson and [cerecdoctors.com](http://cerecdoctors.com)

## Humanitarian

Dominican Republic January 2014

G3 nonprofit. Service included extractions, and restorative treatment

Dominican Republic February 2017

Dr Arun Garg Implant Seminars Clinic Santo Domingo, DR where I performed many lateral sinus lifts, implants, and ridge splits at no charge to patients though at an educational and material cost to me

Nepal Help International with Proof Eyewear November 2017

Kathmandu and other providences delivered dental services to areas with no access to care performing extractions, basic restorative, hygiene instructions and fluoride varnishes applied to over 300 patients. Spent time with children that were victims of abuse at Raksha

## References

Tarun Agarwal

c (919)244-7645

dra@ralieghdentalarts.com

Mike Roddy

Patterson District Sales Manager

c (907) 952-3100

mike.roddey@pattersondental.com

Landon Parker

Patterson Spokane Branch Manager

c (208) 863-7760

landon.parker@pattersondental.com

Travis Fannesbeck

Patterson Eastern Idaho Territory Rep/ Cerec Specialist

c (208)419-6597

travis.fannesbeck@pattersondental.com

Erin Elliott DDS

(208) 640-6730

erinelliottdds@gmail.com

Sameer Puri

sameer@cerecdoctors.com